

7. Food affordability

Background

India is an agricultural country. Food is essential for life and as such necessary amount of food should be available to all the people. However, a large section of our population is deprived of adequate food supply due to different reasons such as less production, unavailability and non-affordability. Whatever the reason, it leads to malnutrition and other nutritional disorders among those who are deprived of adequate food.



Methodology

This project can be done in a group. Data can be collected based on the given questionnaire. Respondents could be both male and female, mainly from economically weaker sections.

Objective

To be sensitised to the subject of food insecurity among the vast section of the people.

Questionnaire

1. What is the gross income of the family?
2. What is the household expenditure pattern on different items such as food, clothing, housing, fodder, medicines, entertainment, education, transport?
3. Is the expenditure marked for food items enough to meet the food requirement?
4. Is enough food available for all the persons? If not, why?
5. From where do they get the food items?
6. What is the approximate cost and affordability of nutrition per person in the family?
7. Which deficiency disease is prevalent? Is malnutrition prevalent?

Conclusion

Write a report about the food security of the respondents based on your observation.

Follow-up

1. Organise a campaign to sensitise people and make them aware of less expensive nutritious food.
2. Organise a campaign to sensitise people about consuming locally available food items.

